

What happens to my health care?

In hospital or rehabilitation

- I am usually admitted to a single room with private bathroom, and am quarantined in my room.
- Personnel don a gown and gloves before entering my room.

In a CHSLD or a care unit in a residence

- I could be placed in a single room with private bathroom.
- Personnel could don a gown and gloves before entering my room

In outpatients, home care and in dialysis

- I wear clean clothes and I wash my hands before receiving care.
- Personnel don a gown and gloves before providing care.

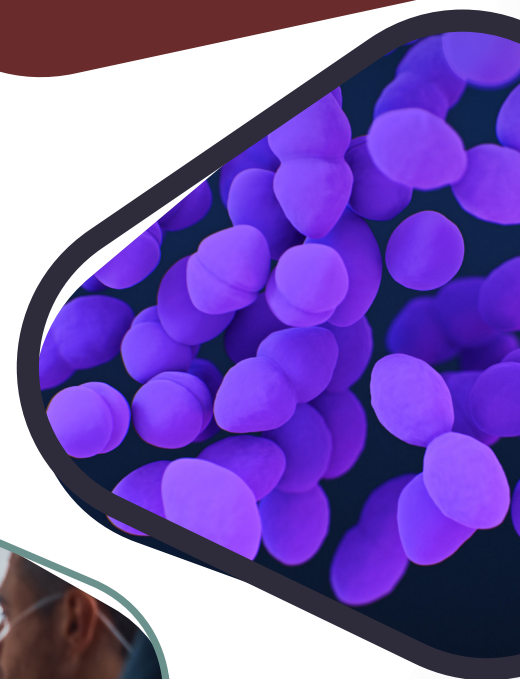
What happens when I return home?

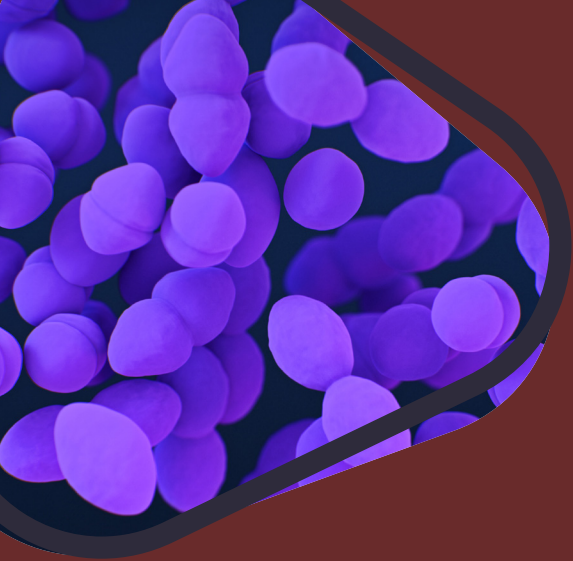
- I resume everyday activities (e.g.: shopping) and social activities (e.g.: visit close family and friends, go to the cinema or restaurant) as usual.
- My family members and I wash our hands frequently.

To learn more, visit
[santemonteregie.qc.ca/
en/bacteria-fungi](https://santemonteregie.qc.ca/en/bacteria-fungi)



**Vancomycin-resistant
Enterococci (VRE)**





Enterococci

1

Are bacteria that are normally present in the bowels and stools

2

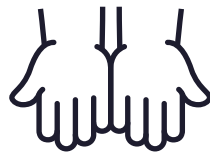
Do not generally cause illness among individuals in good health

3

Can sometimes cause urinary, wound or blood infections

Vancomycin-resistant Enterococci (VRE)

- Are microbes resistant to a powerful antibiotic (vancomycin)
- Spread easily in hospitals and may contaminate several people at the same time



It is transmitted by

- The contaminated hands of healthcare workers during patient care
- Contact with an infected person or their care equipment or environment

Hand washing is the best way to prevent the spread of these microbes



I am a VRE carrier

A test has confirmed that VRE is present on or in my body :

I am colonized

- VRE is present but not making me ill.
- I do not need any specific treatment.

or

I am infected

- VRE is present and making me ill.
- I need specific medication for my care.