

STANDARD EMERGENCY PLAN

EPILEPTIC SEIZURE IN SCHOOLS

At all times:

Monitor any changes in behaviour or periods of unresponsiveness and notify the parents of significant person.

Potential symptoms observed during epileptic seizure : (often brief with sudden onset)

Partial seizure (non-convulsive)

- Staring blankly (absence)
- Confusion, memory lapses
- Lack of reaction
- Unusual movements
- Drowsiness, sudden confusion
- Unusual irritability
- Other(s)

Generalized seizure (convulsive)

- Eyes rolled back or rapid blinking
- Loss of consciousness
- Jerky movements
- Stiffness in limbs
- Noisy breathing
- Foaming at mouth
- Possible incontinence (urine/stool)
- Other(s)

DURING SEIZURE

Stay calm and remain with the student.

Let seizure run its course. **Do not** restrain the student.

Prevent the student from hurting themselves. If necessary, help the student lie on floor. Move hazardous objects away.

Loosen any tight-fitting clothing around neck.

Do not put anything in the student's mouth.

Turn the student on their side for as long as seizure lasts (lateral recovery position).

Note the duration of the seizure – Start time: HH:MM / End time: HH:MM (on observation report).

AFTER SEIZURE

Allow the student to rest in the lateral recovery position.

Speak softly to the student to reassure them.

Remain with the student. They must remain under adult supervision.

Notify the parent or other significant person.

CALL 911 IF

A convulsive seizure lasts more than 5 minutes.

The student does not regain consciousness or breathing remains difficult after the seizure has ended.

A second seizure occurs without a return to normal after the first seizure.

Confusion persists after the seizure for more than an hour.

The seizure occurs in water and the student swallows water (risk of heart or lung complications).

If it is the student's first-ever seizure or if they are injured or diabetic.

Accompany the student to the hospital and stay with them until the parent or other significant person arrives.

CONTACT ONE OF THE EMERGENCY CONTACT PERSONS