

If you have flu symptoms

(high fever, cough, fatigue, headaches, muscle pain, runny nose, etc.) or symptoms of gastroenteritis (nausea, vomiting, diarrhoea),

we suggest that you take care of yourself and put off visiting your loved ones for a few days.

Influenza can cause serious complications and even death in people weakened by age or illness.

If you postpone your visit, you avoid spreading these germs.

You might be eligible for FREE INFLUENZA VACCINATION.

Ask someone at your CLSC or a health professional (doctor, nurse).

Agence de la santé
et des services sociaux
de Montréal
Québec * *
Santé publique